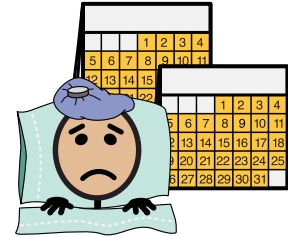




WHAT



FLU SEASON



Winter is coming. With winter comes flu season. Flu season usually comes between October and May.

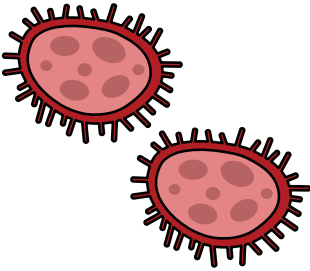
Have you ever had the flu ?



<http://www.flu.gov/#>

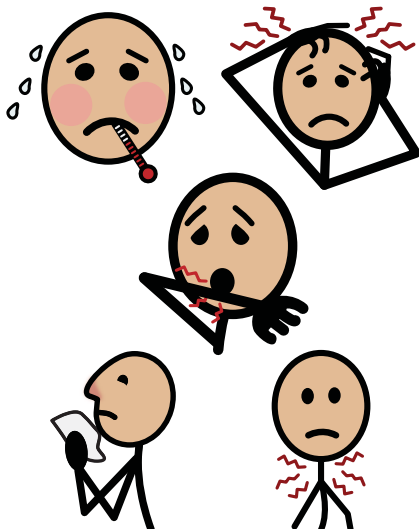
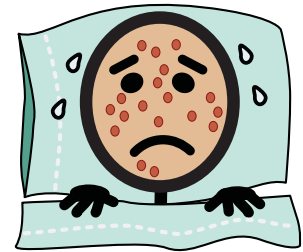


news page



**Germs give people the flu.
The small germs enter the body.**

The germs can make you sick.



**You may have a fever,
headache, cough, runny nose
or sore throat.**



news page



The flu comes back each year. Some people will always get the flu.

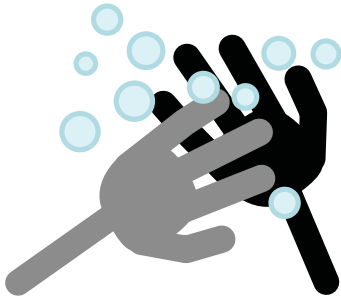
The flu spreads from person to person.



Sometimes many people get sick in one area. This is called an epidemic.

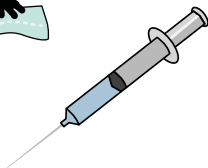
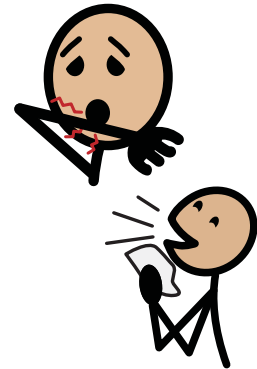


news page



**You can help stop the flu.
Always wash your hands
with soap and water.**

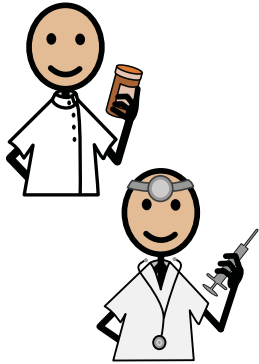
**Cover your mouth while coughing.
Use a tissue while sneezing.**



**You can also get a flu shot
every year.**

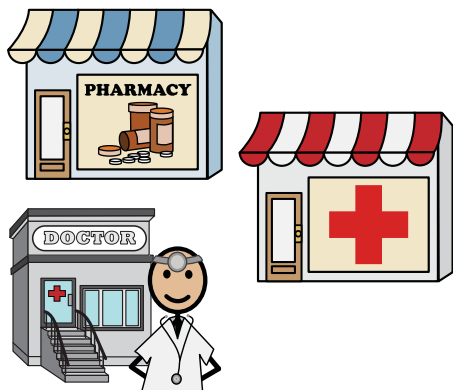


news page



Pharmacists and doctors want people to get flu shots.

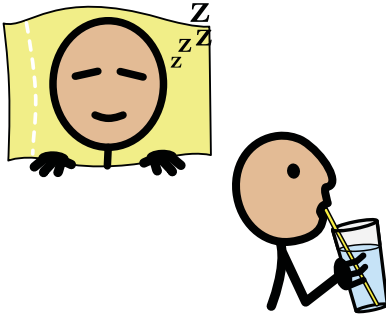
The flu can be worse for some people. These people include young children and senior citizens.



People can get flu shots at a pharmacy, doctor's office, clinic and more.

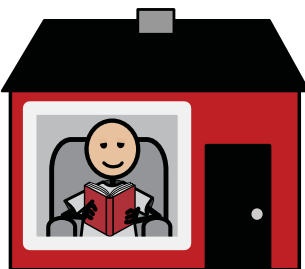
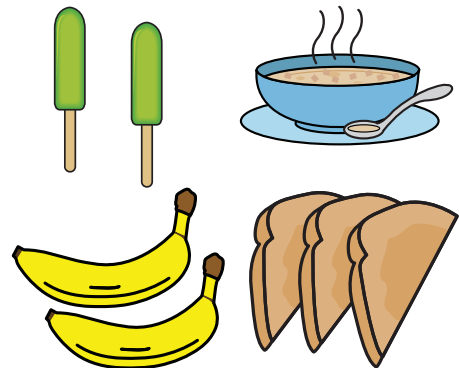


news page



What should you do if you get the flu? Sleeping and drinking will make you feel better.

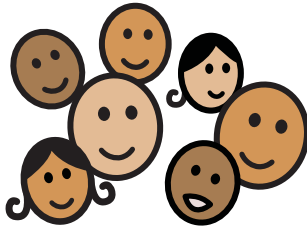
You can also eat popsicles, chicken soup, bananas and toast.



Doctors say to stay home until you are healthy!

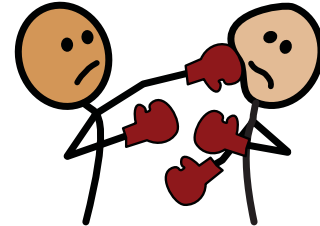


news page



Every year people talk about the flu. You may hear your friends talk about it.

Now you know how to fight the flu.



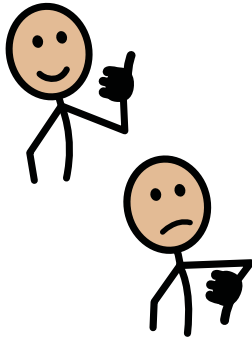
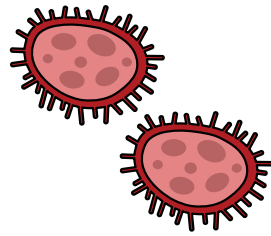
Flu season is coming. Will you help stop the flu?



WHAT

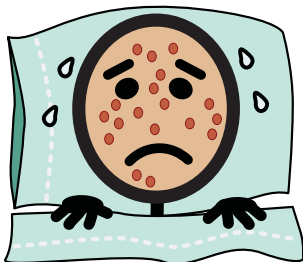
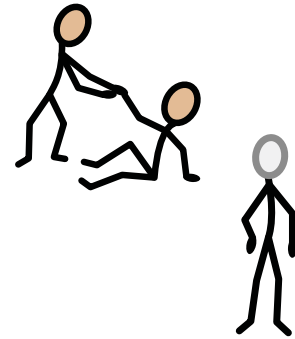


GERMS



Germs are very small. Some germs are good and some are bad.

Some germs help your body.



Other germs can make you sick. The flu germs spread from person to person.

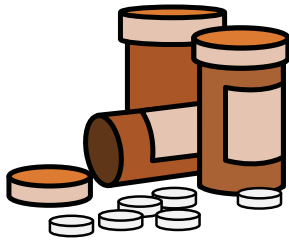
<http://kidshealth.org/kid/talk/qa/germs.html>



WHO

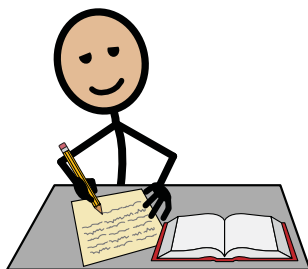
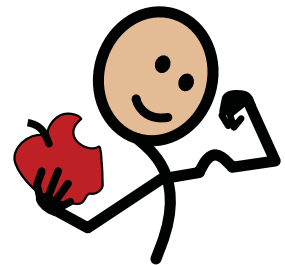


PHARMACISTS



Pharmacists are people who know about medicine.

Pharmacists are important for keeping us healthy. They give medicine to people who need it.



Pharmacists also research new medicine. They can answer questions about medicine.

<http://en.wikipedia.org/wiki/Pharmacist>

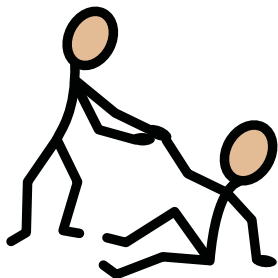
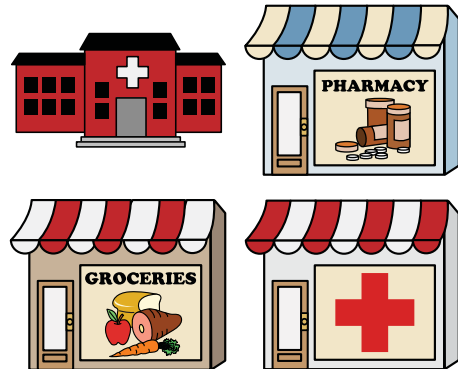


people in the news



Pharmacists go to college for six - eight years. They learn all about medicine and the human body.

Pharmacists can work in a hospital, pharmacy, grocery store or clinic.



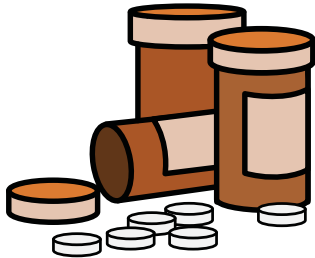
Pharmacists help people to be healthy.



WHERE

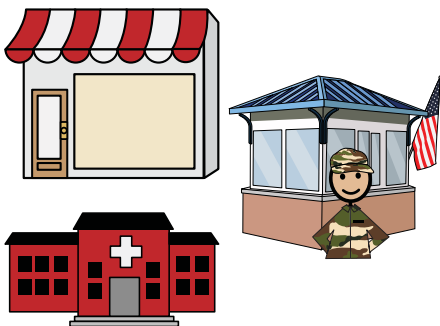
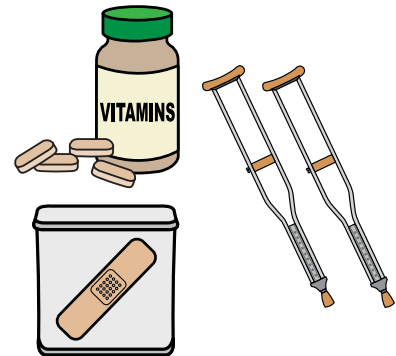


PHARMACY



A pharmacy sells medicine to help people.

Pharmacies also sell vitamins, bandages, crutches and more.



Pharmacies are in stores, hospitals, military bases and more.

<http://en.wikipedia.org/wiki/Pharmacy>



recipe page

NEED



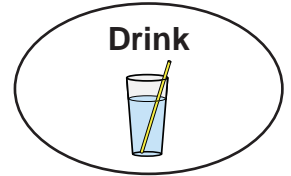
Flu



Brew



Drink



32 Servings

1 C lemon - flavored instant tea



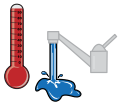
1 C orange - flavored drink mix



1 T ground cinnamon



hot water



1 pint jar with lid



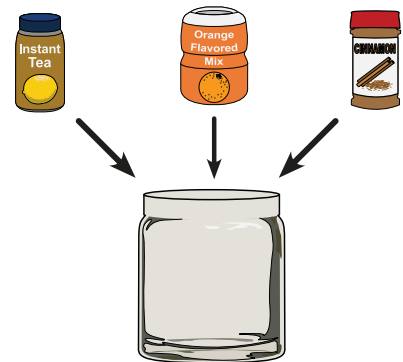
teaspoon



regular - size mug



1. Put tea, drink mix and cinnamon into jar.



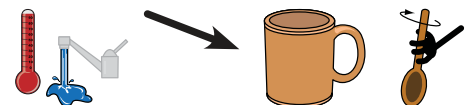
2. Put lid on jar and shake until mixed.



3. Put two - three teaspoons of mix into mug.



4. Fill mug with hot water. Stir.



5. Let cool. Drink.








joke page

Ha Ha
Ha Ha Ha

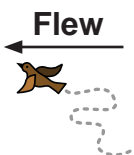
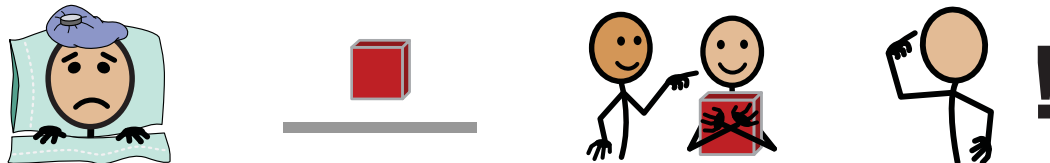
● Knock, Knock.  

Who's there ? 

● Flu. 

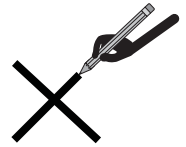
Flu who ?  

● Flu right over your head !





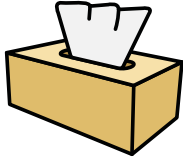
game page



Cross out pictures NOT about FLU SEASON.



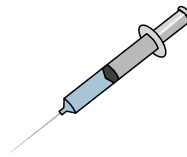
tissue



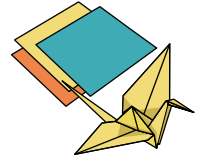
headache



shot



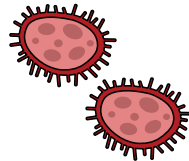
origami



fisherman



germs



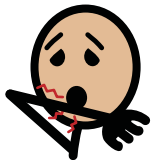
clinic



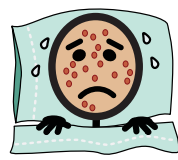
wash



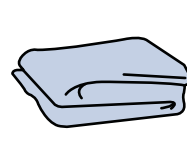
cough



sick



blanket



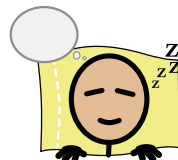
chicken soup



medicine



dream



epidemic



pharmacist



flu



vitamins



toast

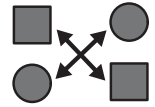


alarm clock





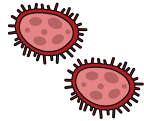
matching page



Match the names to the picture.



pharmacist



shot



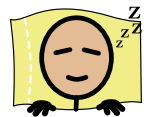
chicken soup



germs



medicine



epidemic



flu



sneeze



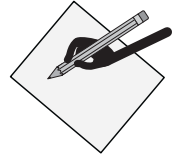
pharmacy



sleep



review page

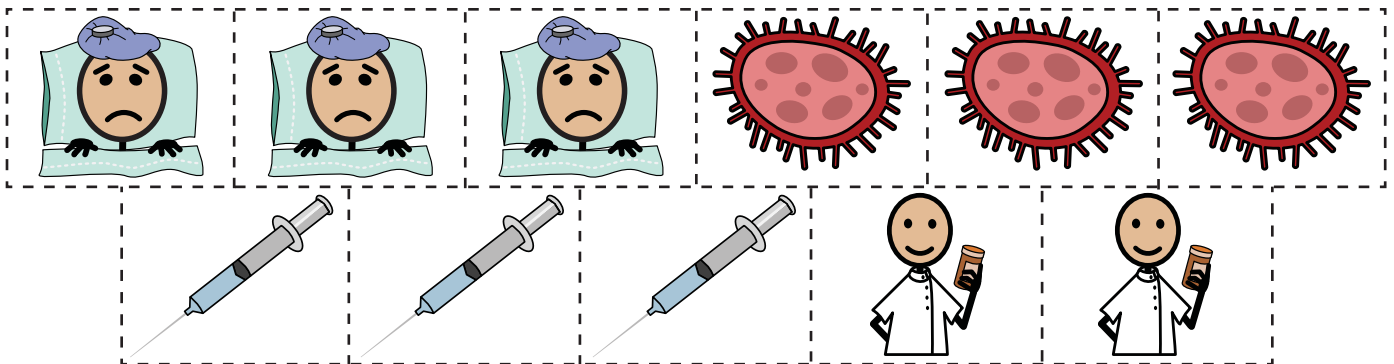
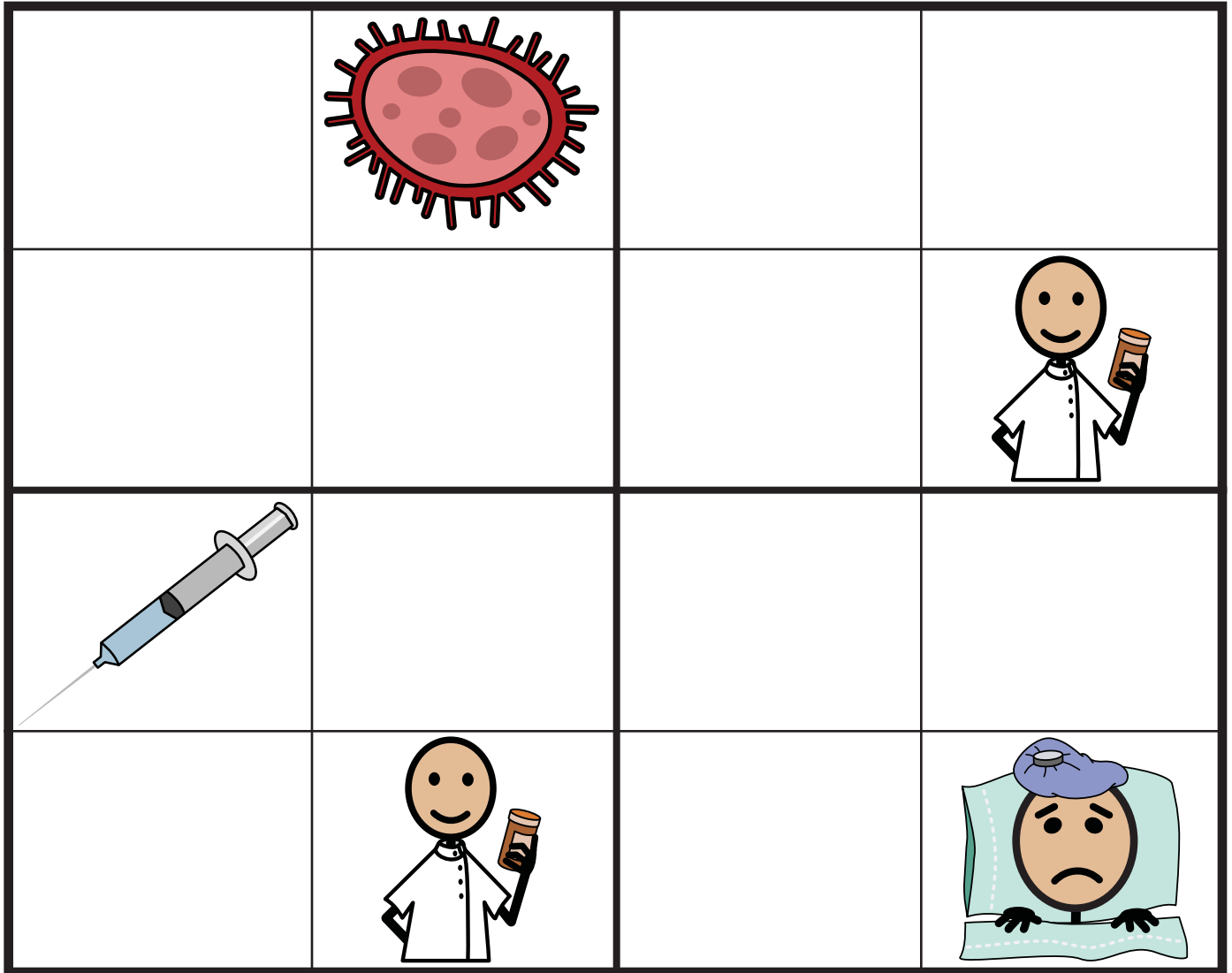
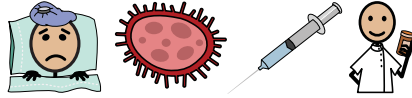


-
-
- | | | | |
|---|------------|----------------|-------------------|
| 1. WHAT is the paper about ? | Flu Season | Pandas | America Remembers |
| 2. WHO can give a flu shot ? | pharmacist | dentist | journalist |
| 3. WHERE can you get medicine ? | toy store | movie theater | pharmacy |
| 4. WHO can the flu be worse for ? | men | young children | teenagers |
| 5. WHO is a person that gives out medicine ? | librarian | pharmacist | police officer |
| 6. HOW can you stop flu germs ? | exercise | eat soup | wash hands |
| 7. WHO cannot give a flu shot ? | grocer | doctor | pharmacist |
| 8. WHY do people get a flu shot ? | cure flu | feel better | prevent flu |

sudoku page

	9		1
1		8	
	8		0
0		9	

Fill in the grid using the pictures below so that every row, every column and every large box contains the following four items:





think page



1. **WHAT** would you ask a pharmacist? **Why?**

2. **HOW** do germs spread?


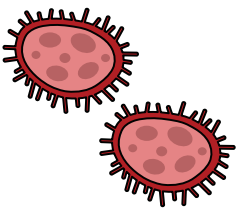
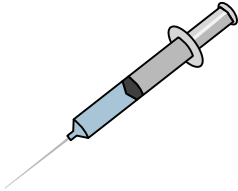



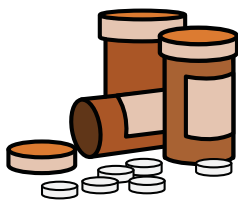
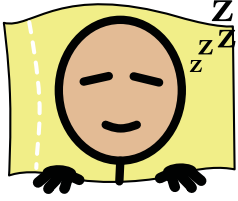
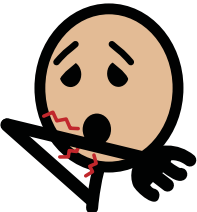


3. **WHY** do you like your doctor? **Why not?**

4. **WHAT** can you do to stay healthy?



words page



<p>flu</p> 	<p>germs</p> 
<p>shot</p> 	<p>pharmacist</p> 
<p>sneeze</p> 	<p>pharmacy</p> 
<p>medicine</p> 	<p>sleep</p> 
<p>cough</p> 	<p>epidemic</p> 
<p>doctor</p> 	<p>drink</p> 